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| **Risk Assessment****(OSM)** | **First Aid Skills** | **Date of risk assessment** | **10th September 2024** | **Name of person doing this risk assessment** | **Iain Roy** |
| **Category****(OSM)** | **Activities** | **Date of next review** | **9th September 2026** |

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| **What hazard have you identified?****What are the risks from it?** | **Who is at risk?** | **How are the risks already controlled?****What extra controls are needed?** | **What has changed that needs to be thought about and controlled?** |
| Overexcitement and not following rules or instructions leading to injury | Young peopleLeaders | * Section code of conduct in place to set clear expectations of behaviour.
* Explain the exercise clearly using age-appropriate language.
* Monitor the mood level throughout the session.
* Use a clear communication to stop the session – everyone should stop as soon as they hear two blasts on the whistle or anyone shouting stop.
* Have a clear location for those not participating in the session.
* Have at least two leaders: one to control the session, one to monitor generally.
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| General risk of slips, trips, or falls, and injuries caused by collisions | Young peopleLeaders | * Check that the area is clear of objects, particles, and spills that could increase risk of tripping or slipping or cause injury if someone falls on them.
* Make sure that YP are wearing appropriate footwear and laces are tied.
* Close all doors where possible to make sure there aren't any additional obstacles.
* First aid if required.
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| Individual Muscular injury  | Young peopleLeaders | * Correct techniques are shown prior to the lesson.
* Floor within the working area to be kept clean and dry. Water bottles to be place outside of the working area.
* Leader to control and monitor moving of people.
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| Transmission of infectious disease through equipment or close contact | Young peopleLeaders | * Minimise close contact with each other
* Regular use of hand sanitizer
* Ensure equipment e.g. manikins are used correctly and cleaned fully prior to use. Use alcohol wipes after each use.
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| Other unforeseen hazards | Young peopleLeaders | * Dynamic risk assessment to be performed by all leaders in line with TSA guidelines.
* Hazards to be shared with other leaders and appropriate mitigation to be actioned.
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